

editors notebook 11.09



Photo by Gordon Hesse

Like some of you, I keep a notebook next to my bed for those errant thoughts that wake me in the middle of the night. I write down story ideas, reminders to call my kids and my mom, and whatever else comes to mind.

Lately those midnight musings have had a recurring theme: gratitude. I guess that's appropriate, since Thanksgiving comes in November. But I'd like to think it's because I feel extraordinarily blessed in my life, and being grateful seems fitting, no matter the month—or time of day.

Fall is a good time to find a quiet space and reflect a bit as the leaves turn brilliant hues and flutter to the ground, the days grow shorter and the holiday season fast approaches. So as you read this issue, take a few moments to remember, and to be grateful for what you have...and reach out to others who may not be so fortunate.

Brenda

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